#### Note from the Leadership Team:

It's April, and spring is in full swing! Renewal and rebirth are the themes. Earth Day is the 22nd. It's a great time to get out and reconnect with nature. Join Alma in a guided garden walk or make yourself comfortable sitting in our shaded butterfly garden. Spiritual renewal is happening as well in this most Holy season of Passover and Easter. Take part in our Passover Seder Plate on Friday April 11 - 4:15p service in the independent theater. On Good Friday St. Jude's Church comes to us with The Stations of The Cross please join them in the Independent Theater. A special Easter Sunday dinner will be served in our dining room.



### Team Member Highlight: Colleen Bennett



Hello Mangrove Bay Residents for those who don't know me my name is Colleen. I work in High Dive's Deli and have loved the pass four months I have been working here. I have lived in Jupiter my whole life. Fishing is my passion along with cooking of course. I am very thankful to have this opportunity to be Employee of the Month! Ann Malachowski, Colleen's supervisor, said that she is very pleased that Colleen is part of the team.

#### Headline:

As the weather gets warmer we are looking forward to getting out and celebrating spring! Tuesday, April 22 we head south to the Loggerhead Marinelife Center to see the rescued turtles and then cruise down beach road to look at the ocean. On Tuesday the 29th The Coquettes Dance Troupe is performing their new "Spring Show"! Our watercolor painting class is focusing on Florida landscapes this whole month. For a special treat, Thursday the 10th Chef Billy is planning to demonstrate to us how he makes Bananas Foster, sure to be a crowd pleaser!

#### Leadership Listing:

Craig Reinmuth, Executive Director
Danielle McEnry, Business Office Manager
Donna Marie Amy, Sales and Marketing
Evelyn Barbosa, Health & Wellness
Diane Minich, Resident Services
Marcia Aldridge, Resident Programs
Alma Marz, Assisted Living Coordinator
Ann Malachowski, Dining Services
Billy Rainha, Executive Chef
Marie Diogene, Housekeeping
Don Weis, Building Operations

# Your Life, Your Style, Your News

Mangrove Bay Assisted Living A Senior Lifestyle Community Jupiter, FL

**APRIL 2025 Edition** 

#### Featured Events:

Decorating Pots and Planting Spring Flowers Wednesday, April 2/2:00pm - Activity Rm

Diane Kessenich's Watercolor painting Class, Theme Florida Landscapes all Thursdays, April/ 3:00pm - TH

Fresh Spring Jewelry Designs w/Ellen Wednesday, April 9/2:00pm Activity Rm

Passover Seder Plate and Service Friday, April 11/4:15pm - Independent Theater

Easter Dinner Sunday April 20/5:00pm - DR

Coquettes Dance Troupe "Spring Show" Tuesday, April 29/2:00pm - DR



Watercolor painting class with instructor artist Diane Kessenich who is from the Lighthouse Artcenter, Tequesta.

## Meet Your Neighbor Christine Kent



Born in Stornoway on the Isle of Lewis, Scotland, and immigrated to the United States at age 14 aboard the Queen Mary. Her father, a sea captain who navigated freighters on the Great Lakes, eventually settled the family in Buffalo, New York. Christine became a registered nurse, specializing in pediatric care, and later married Dr. John Kent. They moved to the Marine Corp Base at Parris Island before returning to Buffalo, where they raised their three children. Christine was also a dedicated volunteer, offering her time as a pediatric and cardiac hospital volunteer in Buffalo before relocating to Palm Beach Gardens in 2019. A grandmother of six, affectionately known as "GiGi" to her two great-grandchildren she loves to serenade them with Scottish ballads.

April 2025 Assisted Living Calendar							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EXPLORE BY SENIOR LIFESTYLE	RESIDENT BIRTHDAYS Jean Schwabe 4/7		APRIL FOOL'S DAY!  9:45 Opening Prayer w/ Deacon Les [TH]  10:30 Stretch Band Exercise Class [TH]  11:30 Residents' Foolish Password Game [TH]  1:30 Out to the Dollar Store [LA]  6:30 Classic Movie Night [3FL]	9:45 • Guided Garden Walk [LA]  10:30 • Tai Chi Class w/ Connie  11:30 • Shopping Through America [TH]  2:00 • Crafts: Decorating Pots and Planting Spring Flowers [A]  3:30 • Rummikub Games [TH]  6:30 • Resident Movie Request [3FL]	10:00 Certified Strength for Full Life Program w/ Alma [TH]  11:00 "Discovery Zone" Update Daily News [TH]  2:00 Book of the Month Review "Where the Crawdads Sing" [TH]  3:00 Watercolor Painting Class "Florida Landscapes" w/Art Teacher Diane [TH]  6:30 Foreign Film Fest [3FL]	10:30 • Mangrove Bay Chorus w/Ryan [LA]  11:30 • Pictionary Fun! [TH] 2:00 • Choose Your Game Uno or Scrabble [TH] 3:00 • Happy Hour w/ Mr. Ron Entertaining 4:15 • Charades Team Trivia: Heads Up Words! [LA] 6:30 • Discovery Channel Experience [3FL]	10:00 • Floral Arranging Class w/ Pat and Friends [TH]  11:00 • Chair Exercise Class [TH]  1:30 • Bingo Extravaganza [LA]  3:00 • Uno! for Everyone [TH]  6:30 • Movie Night [TH]
MANGROVE BAY a Senior Lifestyle community	10:00 New Flash! [TH]  10:30 Catholic Church Service [TH]  11:30 Sunday Morning Stretch [TH]  2:00 Sunday Afternoon Piano w/Art Pearlstein  3:00 Go Fish Go Fish [TH]  6:30 Sunday Night Movie [TH]	10:00 News and Chews [TH]  11:00 Bodies in Motion w/Dominique [TH]  11:30 Reminiscing about Movie Stars [TH]  1:30 Rummikub Tile Games  2:00 Jackpot Card Game [TH]  3:30 UNO Card Game [TH]  6:30 Millon Dollar Movie [A]	9:45 Opening Prayer w/ Deacon Les [TH]  10:30 Stretch Band Exercise Class [TH]  11:30 Residents' Password Game [TH]  3:00 Happy Hour w/Violinist Giorgio and Pianist Yolanda  6:30 Classic Movie Night [3FL]	9:45 • Guided Garden Walk [LA]  10:00 • Positive Quote of the Day [TH]  10:30 • Tai Chi Class w/Connie  11:30 • Joys and Concerns Committee [TH]  2:00 • Fresh Spring Jewelry Designs w/ Ellen [A]  3:30 • Rummikub Games [TH]  6:30 • Resident Movie Request [3FL]	10:00 • Certified Strength for Full Life Program w/ Alma [TH]  11:00 • "Discovery Zone" Update Daily News [TH]  1:00 • Food Demo "Action Station" Bananas Foster w/Chef Billy  2:00 • Book of the Month Review "Where the Crawdads Sing" [TH]  3:00 • Watercolor Painting Class "Florida Landscapes" w/Art Teacher Diane [TH]  6:30 • Foreign Film Fest [3FL]	10:30 • Mangrove Bay Chorus w/Ryan [LA] 11:30 • Word Pictures [TH] 2:00 • Choose Your Game Uno or Scrabble [TH] 3:00 • Ryan Gill's Happy Hour Singing 4:15 • Passover Service - Independent Theater 6:30 • Discovery Channel Experience [3FL]	Passover  10:00 • Floral Arranging Class w/ Pat and Friends [TH]  11:00 • Chair Exercise Class [TH]  1:00 • Jamie's Dog Therapy Visit [LA]  1:30 • Bingo Extravaganza [LA]  3:00 • Uno! for Everyone [TH]  6:30 • Movie Night [TH]
<ul><li>_CONNECT</li><li>_CONTRIBUTE</li><li>_FEEL</li><li>_GROW</li><li>_MOVE</li><li>_REFLECT</li></ul>	Palm Sunday 10:00 New Flash! [TH] 10:30 Catholic Church Service [TH] 11:30 Sunday Morning Stretch [TH] 2:00 Karen Sucher's Sunday Afternoon Piano Music 3:00 Go Fish Go Fish [TH] 6:30 Sunday Night Movie [TH]	10:00 • News and Chews [TH] 14 11:00 • Bodies in Motion w/Dominique [TH] 11:30 • Easter Word Game [TH] 1:30 • Rummikub Tile Games 2:00 • Jackpot Card Game [TH] 3:30 • UNO Card Game [TH] 6:30 • Millon Dollar Movie [A]	9:45 • Opening Prayer w/ Deacon Les [TH]  10:30 • Stretch Band Exercise Class [TH]  11:30 • Residents' Password Game [TH]  1:30 • Trip Out Place TBA [LA]  3:30 • 5 Crown Card Games [TH]  6:30 • Classic Movie Night [3FL]	9:45 • Guided Garden Walk [LA] 10:30 • Kaitlyn's Yoga Class [TH] 11:30 • International Touring on the Map [TH] 2:00 • Baking Spring Sprinkled Cookies w/Alma [3FL] 3:30 • Rummikub Games [TH] 6:30 • Resident Movie Request [3FL]	10:00 • Certified Strength for Full Life Program w/ Alma [TH]  11:30 • Health Talk w/Nurse Elissa 2:00 • Book of the Month Review "Where the Crawdads Sing" [TH]  3:00 • Watercolor Painting Class "Florida Landscapes" w/Art Teacher Diane [TH]  6:30 • Foreign Film Fest [3FL]	9:30 • Stations of the Cross IL Theater 10:30 • Mangrove Bay Chorus w/Ryan [LA] 11:30 • Pictionary Fun! [TH] 2:00 • Choose Your Game Uno or Scrabble [TH] 3:00 • Happy Hour/Vocalist Stone Silk 4:15 • Charades Team Trivia: Heads Up Words! [LA] 6:30 • Discovery Channel Experience [3FL]	10:00 • Floral Arranging Class w/ Pat and Friends [TH] 11:00 • Chair Exercise Class [TH] 1:30 • Bingo Extravaganza [LA] 3:00 • Happy Hour w/ Singer & Dancer Greg Conlon [LA] 6:30 • Movie Night [TH]
Location Keys  Activity Room A Lobby Area LA Theater TH Third Floor 3FL	Easter  10:00 New Flash! [TH]  10:30 Catholic Church Service [TH]  11:30 Sunday Morning Stretch [TH]  2:00 Sunday Afternoon Piano w/Art Pearlstein  3:00 Go Fish Go Fish [TH]  6:30 Sunday Night Movie [TH]	11:30 • Test Your Knowledge Trivia [TH] 1:30 • Rummikub Tile Games 2:00 • Jackpot Card Game [TH] 3:30 • UNO Card Game [TH] 6:30 • Millon Dollar Movie [A]	9:45 • Opening Prayer w/ Deacon Les [TH]  10:30 • Stretch Band Exercise Class [TH]  11:30 • Residents' Password Game [TH]  1:00 • Trip to Loggerhead Marinelife Center [LA]  3:30 • 5 Crown Card Games [TH]  6:30 • Classic Movie Night [3FL]	9:45 • Guided Garden Walk [LA] 10:00 • Positive Quote of the Day [TH] 10:30 • Tai Chi Class w/Connie 3:30 • Rummikub Games [TH] 6:30 • Resident Movie Request [3FL]	10:00 Certified Strength for Full Life Program w/ Alma [TH]  11:30 "Charades" Game [TH]  2:00 Book of the Month Review "Where the Crawdads Sing" [TH]  3:00 Watercolor Painting Class "Florida Landscapes" w/ Art Teacher Diane [TH]  6:30 Foreign Film Fest [3FL]	10:30 • Mangrove Bay Chorus w/Ryan [LA]  11:30 • Word Pictures [TH]  2:00 • Choose Your Game Uno or Scrabble [TH]  3:00 • Happy Hour w/ Johnny "P"  4:15 • Charades Team Trivia: Heads Up Words! [LA]  6:30 • Discovery Channel Experience [3FL]	Arranging Class w/ Pat
	10:00 New Flash! [TH] 27 10:30 Catholic Church Service [TH] 11:30 Sunday Morning Stretch [TH] 2:00 Sunday Afternoon Piano w/Art Pearlstein 3:00 Go Fish Go Fish [TH] 6:30 Sunday Night Movie [TH]	11:00 Bodies in Motion w/Dominique [TH] 11:30 "Spicy" Spring Words Spelling Bee [TH] 1:30 Rummikub Tile Games	9:45 • Opening Prayer w/ Deacon Les [TH]  10:30 • Stretch Band Exercise Class [TH]  11:30 • Residents' Password Game [TH]  11:30 • Word Pictures  2:00 • Coquettes' Dance Group "Spring Show"  6:30 • Classic Movie Night [3FL]	9:45 • Guided Garden Walk [LA] 10:00 • Positive Quote of the Day 10:30 • Tai Chi Class w/Connie 3:30 • Rummikub Games [TH] 6:30 • Resident Movie Request [3FL]			