

Note from the Leadership Team:

September is a bit of a funny month when you think about it. The middle of the year has passed already, but it's too soon to start thinking about Christmas. Monday, September 2 is Labor Day and it is the one day of the year no one expects to work! On Labor Day, we honor the value of labor by putting it out of our thoughts for an extra-long weekend.

We will enjoy Chef Billy's Labor Day traditional cook-in! National Grandparents Day, which honors grandparents is on the first Sunday of September after Labor Day. We will look forward to our Mangrove Bay Chorus' performance of "Americana" on Friday, September 27.



Cosmetics, skin care and a makeover by Camille!

Headline:

The Great Gatsby takes place during a time that's known as the Jazz Age or the Roaring Twenties. It is a novel written by F. Scott Fitzgerald published in 1925 which captures the spirit and excesses of life in the twenties. A book of American fiction which has often been called the Great American Novel.

The Great Gatsby and the Roaring Twenties will be celebrated the entire month of September at Mangrove Bay through various activities such as book club discussions, movies, team trivia, *Gatsby* spelling bees, culminating into *The Roaring Twenties Great Gatsby Gala* event Tuesday, September 24.

Team Member Highlight:



Sharon Walker was hired October 20, 2003, as a temporary kitchen dishwasher. She quickly went to a fulltime employee, and eventually was promoted to a prep cook. For the past 8 years she has been a fulltime server in the assisted living dining room. During her first 18 months as a dishwasher, she gave birth to her fourth son, Jelani. During the next ten years she gave birth to her fifth son David. She considers her sons Jelani and David as "my Mangrove Bay babies." At one time Sharon's brother, cousin and son Jelani all worked at Mangrove Bay. She loves football and is a diehard Miami Dolphins' fan. Ann Malachowski, the Director of Dining Services, says Sharon has been a big asset to us. She truly cares about the welfare of the residents that she is serving and loves to joke around with them and make them smile"

Leadership Listing:

Craig Reinmuth, Executive Director
Danielle McEnry, Business Office Manager
Donna Marie Amy, Sales and Marketing
Evelyn Barbosa, Health & Wellness
Diane Minich, Resident Services
Marcia Aldridge, Resident Programs
Tamara Martin, IL Program Coordinator
Ann Malachowski, Dining Services
Billy Rainha, Executive Chef
Marie Diogene, Housekeeping
Don Weis, Building Operations

Your *Life, Your Style,* Your *News*

MANGROVE BAY INDEPENDENT LIVING
A Senior Lifestyle Community
Jupiter, FL

SEPTEMBER 2024 Edition

Featured Events:

Chef Billy's Labor Day Cook-In
Monday, September 2/4:45pm - Dining Room

Intro to BHU University w/Green Tea Tasting
Tuesday, September 3/1:30pm - Lounge

Paint and Pass Art Class w/Diane
Saturday, September 7/1:30pm- Activity Rm

Field Day Athletic Event w/ Charles
Saturday, September 21/10:15am - Fitness

Great Gatsby Gala Event w/Debbie Wallace
Tuesday, September 24/4:30pm - Lounge

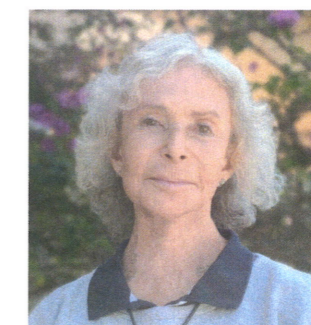
BHU University Graduation Ceremony
Monday, September 30/1:30pm - Lounge



We enjoyed a tasty brain healthy salad in our last BrainHealth University semester and are looking forward to exciting new BrainHealth University Classes throughout this month.

Resident Feature:




Joan "Bunny" Berenson



I was born and raised in Philadelphia, PA to para phase "it was the best of times, it was the worst of times." We had Trolley cars and even little children could travel safely by themselves – and I did, everywhere! As a teen I met an old schoolmate on the trolley and her boyfriend introduced me to his roommate at Wharton School. That is when my life began! Our first date was to a burger and juke box dance place – can you picture that! Such fun! We both loved travel, meeting people, studying other cultures and so began our 65-year love story. We traveled to more than 173 countries; many do not exist today. I think we instilled a love of investigating the world because our children and grandchildren are still doing it today. Although the world has changed so drastically from my trolley car days. We are collectors so our lives overflow with collections, things, books, people. I try to live happy; it is my gift to myself. In my eyes, this place, the people, and all I do is my new adventure.

September 2024 Independent Calendar

Monthly Activities

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 	1 9:00 ● First United Methodist Church [ML] 9:30 ● Good Shepherd Church [ML] 10:00 ● St. Jude's Church 10:30 ● Sunday Brunch [DR] 12:30 ● Out to Anthony's Store [ML] 1:45 ● Alterations by Kim [A] 4:30 ● Happy Hour [BL] 7:30 ● Sunday Night Movie [TH]	2 Labor Day 10:00 ● Aquacise Flow Class [SP] 11:30 ● Sit and Get Strong w/ Charles [FC] 12:30 ● Bible Study [LB] 1:00 ● YouTube Videos of Your Favorite Songs w/Patrick [TH] 2:00 ● Mini Bingo 25 Cents a Game [A] 4:30 ● Happy Hour [BL] 4:45 ● Chef Billy's Labor Day Cook-In [DR] 7:30 ● Monday Night Movie [TH]	3 10:30 ● Audiology Services by Dr. M. Looney [C] 11:00 ● Blood Pressure Clinic by LL@H 11:00 ● Coast to Coast Boutique Open to Shop [LR] 11:30 ● Balance Class [FC] 1:30 ● Intro to BrainHealth University (BHU) with Green Tea Tasting [BL] 4:30 ● Happy Hour w/ Steve and Ronda "Street Talk" Singers/Pianists [BL] 7:30 ● Rummikub Games [C]	4 10:00 ● Aquacise Flow Class [SP] 11:30 ● Sit and Get Strong w/ Charles [FC] 1:00 ● Joanne & Gene's Duplicate Bridge [LR] 1:00 ● Mahjong Games [C] 4:30 ● Happy Hour [BL] 7:30 ● Wednesday Bingo Night [TH]	5 10:00 ● Monthly Resident Meeting [TH] 10:30 ● Team Trivia [TH] 11:30 ● Balance Class [FC] 1:30 ● Hand & Foot Card Games [C] 2:00 ● Show and Tell with Dominique [A] 4:30 ● Happy Hour [BL] 7:30 ● Movie Night	6 9:30 ● St. Judes' Catholic Service [TH] 10:00 ● Aquacise Flow Class [SP] 11:15 ● Mangrove Bay Chorus w/Ryan [BL] 1:00 ● Canasta Cards w/Gene [LR] 1:30 ● Mahjong Games Mid-Level Group w/Marilyn [C] 2:00 ● Blackjack Card Games [A] 4:30 ● Happy Hour w/Violinist Giorgio & Pianist Yolanda [BL] 7:30 ● Cinema Night [TH]	7 10:15 ● Fitness Class w/ Charles 1:30 ● Gene's Canasta Card Games [LR] 1:30 ● Paint and Pass Art Class with Diane [A] 4:30 ● Happy Hour [BL] 7:30 ● Saturday Night Bingo [TH]
	8 Grandparents Day 9:00 ● First United Methodist Church [ML] 9:30 ● Good Shepherd Church [ML] 10:00 ● St. Jude's Church 12:30 ● Fresh Market Shopping [LA] 1:45 ● Alterations by Kim [A] 4:30 ● Happy Hour [BL] 7:30 ● Sunday Night Movie [TH]	9 10:00 ● Aquacise Flow Class [SP] 11:30 ● Sit and Get Strong w/Charles [FC] 12:30 ● Bible Study [LB] 2:00 ● Mini Bingo 25 Cents a Game [A] 4:30 ● Happy Hour [BL] 5:00 ● Dinner Out to The Bistro [ML] 7:30 ● Monday Night Movie [TH]	10 11:00 ● Blood Pressure Clinic by LL@H 11:00 ● New Seated Tai Chi Class w/Tamara [FC] 11:30 ● Balance Class [FC] 4:30 ● Brionna's Cell Phone Class in your Apartment call Front Desk 4:30 ● Happy Hour w/Jeff Saks [BL] 7:30 ● Rummikub Games [C]	11 10:00 ● Aquacise Flow Class [SP] 11:30 ● Sit and Get Strong w/Charles [FC] 12:00 ● Ball Toss Word Game with Charles [FC] 1:00 ● Joanne & Gene's Duplicate Bridge [LR] 1:00 ● Mahjong Games [C] 4:30 ● Happy Hour [BL] 7:30 ● Wednesday Bingo Night [TH]	12 10:30 ● Team Trivia [TH] 10:30 ● Trivia: "Great Gatsby and Old New York" [TH] 11:30 ● Balance Class [FC] 1:30 ● Hand & Foot Card Games [C] 2:30 ● Drama Club w/Actor Instructor R. Forbes [TH] 4:30 ● Happy Hour [BL] 7:30 ● Movie Night	13 9:30 ● St. Judes' Catholic Service [TH] 10:00 ● Aquacise Flow Class [SP] 11:15 ● Mangrove Bay Chorus w/Ryan [BL] 1:00 ● Canasta Cards w/Gene [LR] 1:30 ● Discover New Mexico Art and History Slide Show by Tamara [A] 1:30 ● Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 ● Happy Hour w/Pianist/Vocalist Giovanni [BL] 7:30 ● Cinema Night [TH]	14 10:15 ● Fitness Class w/Charles 1:30 ● Gene's Canasta Card Games [LR] 1:30 ● Watercolor Painting Class w/ Art teacher Diane [A] 4:30 ● Happy Hour [BL] 7:30 ● Saturday Night Bingo [TH]
	15 9:00 ● First United Methodist Church [ML] 9:30 ● Good Shepherd Church [ML] 10:00 ● St. Jude's Church 12:30 ● Out to Lunch at Chowder Heads [ML] 1:45 ● Alterations by Kim [A] 2:00 ● Yoga and Guided Meditation w/Tamara [FC] 4:30 ● Happy Hour [BL] 7:30 ● Sunday Night Movie [TH]	16 10:00 ● Aquacise Flow Class [SP] 11:30 ● Sit and Get Strong w/Charles [FC] 12:30 ● Bible Study [LB] 1:00 ● Computers, Questions, Answers - Quiz w/Patrick [TH] 2:00 ● Mini Bingo 25 Cents a Game [A] 4:30 ● Happy Hour [BL] 7:30 ● Monday Night Movie [TH]	17 10:30 ● Audiology Services by Dr. M. Looney [C] 11:00 ● Blood Pressure Clinic by LL@H [LL&H] 11:30 ● Balance Class [FC] 2:00 ● Aromatherapy make your own special blend w/ Tamara [A] 4:30 ● Happy Hour w/Singer & Pianist Karn Sucher [BL] 7:30 ● Rummikub Games [C]	18 10:00 ● Aquacise Flow Class [SP] 11:30 ● Sit and Get Strong w/Charles [FC] 1:00 ● Joanne & Gene's Duplicate Bridge [LR] 1:30 ● Homemade Hummus Food Demo [A] 4:30 ● Happy Hour [BL] 7:30 ● Wednesday Bingo Night [TH]	19 10:30 ● Team Trivia [TH] 11:30 ● Balance Class [FC] 1:00 ● JMC Thrift Shop Pickup 1:30 ● Hand & Foot Card Games [C] 2:30 ● Healthy Fat vs. Unhealthy Fat with Nurse Elissa [TH] 4:30 ● Happy Hour [BL] 7:30 ● Movie Night	20 9:30 ● St. Judes' Catholic Service [TH] 10:00 ● Aquacise Flow Class [SP] 11:15 ● Mangrove Bay Chorus w/Ryan [BL] 1:00 ● Canasta Cards w/Gene [LR] 1:30 ● Mahjong Games Mid-Level Group w/Marilyn [C] 2:00 ● Blackjack Card Games [A] 4:30 ● Happy Hour w/ NEW Entertainer Lyonel Fame [BL] 7:30 ● Cinema Night [TH]	21 10:15 ● Field Day Athletic Event w/Charles [FC] 1:30 ● Gene's Canasta Card Games [LR] 1:30 ● Watercolor Painting Class w/Art Teacher Diane [A] 4:30 ● Happy Hour [BL] 7:30 ● Saturday Night Bingo [TH]
22 First Day of Autumn 9:00 ● First United Methodist Church [ML] 9:30 ● Good Shepherd Church [ML] 10:00 ● St. Jude's Church 12:30 ● Out to Jupiter Library 1:45 ● Alterations by Kim [A] 4:30 ● Happy Hour [BL] 7:30 ● Sunday Night Movie [TH]	23 10:00 ● Aquacise Flow Class [SP] 11:30 ● Sit and Get Strong w/Charles [FC] 12:30 ● Bible Study [LB] 2:00 ● Mini Bingo 25 Cents a Game [A] 3:15 ● Opera Lecture w/Soprano J. Pimienta [TH] 4:30 ● Happy Hour [BL] 7:30 ● Monday Night Movie [TH]	24 10:00 ● Complimentary Chair Massage by Tamara [B] 11:00 ● Blood Pressure Clinic by LL@H [LL&H] 11:30 ● Balance Class [FC] 1:30 ● Tips for Better Sleep w/ Tamara [A] 3:00 ● "Page Turners" Book Club [TH] 4:30 ● Great Gatsby Gala Event Entertainment by Debbie Wallace [BL] 7:30 ● Rummikub Games [C]	25 10:00 ● Aquacise Flow Class [SP] 11:30 ● Sit and Get Strong w/ Charles [FC] 1:00 ● Joanne & Gene's Duplicate Bridge [LR] 1:00 ● Mahjong Games [C] 4:30 ● Happy Hour [BL] 7:30 ● Wednesday Bingo Night [TH]	26 10:30 ● Team Trivia [TH] 10:30 ● Trivia: "American Music Styles" [TH] 11:30 ● Balance Class [FC] 12:30 ● Birthday Party Lunch [DR] 1:30 ● Hand & Foot Card Games [C] 2:30 ● Drama Club w/Actor Instructor R. Forbes [TH] 4:30 ● Happy Hour [BL] 7:30 ● Movie Night	27 9:30 ● St. Judes' Catholic Service [TH] 10:00 ● Aquacise Flow Class [SP] 11:15 ● Mangrove Bay Chorus w/Ryan [BL] 1:00 ● Canasta Cards w/Gene [LR] 1:30 ● Mahjong Games Mid-Level Group w/Marilyn [C] 2:00 ● Blackjack Card Games [A] 4:30 ● The Ryan Gill Show at Happy Hour [BL] 7:30 ● Cinema Night [TH]	28 10:15 ● Fitness Class w/Charles 1:30 ● Gene's Canasta Card Games [LR] 1:30 ● Watercolor Painting Class w/Art Teacher Diane [A] 4:30 ● Happy Hour [BL] 7:30 ● Saturday Night Bingo [TH]	
29 9:00 ● First United Methodist Church [ML] 9:30 ● Good Shepherd Church [ML] 10:00 ● St. Jude's Church 12:30 ● Walmart Super Store [ML] 1:45 ● Alterations by Kim [A] 2:00 ● Mangrove Bay Chorus Presents "Americana" [BL] 3:15 ● Sandwich Making for St. George's Homeless Ministry [A] 4:30 ● Happy Hour [BL] 7:30 ● Sunday Night Movie [TH]	30 10:00 ● Aquacise Flow Class [SP] 11:00 ● Anne Puska Earring Designs Boutique [LR] 11:30 ● Sit and Get Strong w/Charles [FC] 12:30 ● Bible Study [LB] 1:30 ● BrainHealth University (BHU) Graduation [BL] 2:00 ● Mini Bingo 25 Cents a Game [A] 4:30 ● Happy Hour [BL] 7:30 ● Monday Night Movie [TH]	RESIDENT BIRTHDAYS Mary Imle 9/3 Arlene Hiro 9/11 Donna Schneider 9/12 Patricia Rees 9/18 Joanne Ferdman 9/19 Mamie Lansing 9/21 Pat Daulerio 9/23 Marcia Parkinson 9/24					

- 🎓 *Brain Health University
- 👥 *Diversity Event
- _CONNECT
- _CONTRIBUTE
- _FEEL
- _GROW
- _MOVE
- _REFLECT

- Location Keys**
- Activity Room A
 - Bar/Lounge BL
 - Billiard Room B
 - Card Room C
 - Dining Room DR
 - Fitness Center FC
 - LL&H Office LL&H
 - Library LB
 - Living Room LR
 - Lobby Area LA
 - Main Lobby ML
 - Swimming Pool SP
 - Theater TH